

2025 Recreation Therapy Upcoming Events

*All programs are subject to date/time/location change

January 2025

January Hunting Clinic | Jan. 3-4

This event will take place at Morrow Farms. Participants will have the opportunity to get out of the city and enjoy a guided deer/boar day hunt on 225 acres on the Flint River in Reynolds, GA. Hunters will also have access to all terrain vehicles and stocked ponds with onsite lodging available. Please note, participants will be responsible for securing their own transportation for this event.

Virtual E-Birding Clinic | Jan. 7

This virtual event will take place via Zoom with three 2-hour classes over a 3-month time frame. Participants will have the opportunity to join the Shepherd Center and Birds GA for an online education series on birdwatching. Series topics will be determined closer to the program dates. This program starts in January and will run once a month through March.

Snow Ski Clinic with the National Ability Center | Jan. 27-31

This event will take place at the National Ability Center in Park City, Utah. Participants will have the opportunity to join Shepherd Center and the NAC for snow skiing in addition to various other activities. Please note, participants will be responsible for securing their own airfare for this event.

February 2025

Virtual Art Clinic | Feb. 4

This event will give the opportunity for participants to join the Shepherd Center and certified art therapists on a virtual platform via Zoom to participate in an art-based activity. This course offers educational and hands-on demonstrations. Program activity will be determined closer to the program date.

Virtual E-Birding Clinic | Feb. 11

This virtual event will take place via Zoom with three 2-hour classes over a 3-month time frame. Participants will have the opportunity to join the Shepherd Center and Birds GA for an online education series on birdwatching. Series topics will be determined closer to the program dates. This program starts in January and will run once a month through March.



Winter Horticulture Clinic | Feb. 13

This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join Shepherd Center and Trellis Horticulture Therapy Alliance for a horticulture clinic that will focus on a basic horticulture/nature craft session. Program activity will be determined closer to date of clinic.

February Boxing Clinic | Feb. 19

This event will take place in Atlanta, GA. Participants will have the opportunity to join Shepherd Center for an educational overview on boxing and a 50-minute fitness class. This course offers educational and hands-on demonstrations. Equipment will be provided.

March 2025

Dillsboro Art Clinic | March 8

This event will take place at the Jackson County Green Energy Park in Dillsboro, NC. Participants will have the opportunity to join Shepherd Center and local artisans to create various art mediums. Potential art projects include: glass blowing, blacksmithing, hand clay building, and ceramics. This course offers educational and hands-on demonstrations. Equipment will be provided. Please note, participants will be responsible for securing their own transportation to the event.

Ashville Mountain Biking Clinic | March 9

This event will take place in Ashville, NC. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive mountain biking. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

Virtual E-Birding Clinic | March 11

This virtual event will take place via Zoom with three 2-hour classes over a 3 month time frame. Participants will have the opportunity to join the Shepherd Center and Birds GA for an online education series on birdwatching. Series topics will be determined closer to the program dates. This program starts in January and will run once a month through March.

Spring Yoga Clinic | March 19

This event will take place at Shepherd Center. Participants will have the opportunity to join the Shepherd Center and Certified Yoga Instructors to learn more about adaptive yoga. This course offers educational and hands-on demonstrations.



Charlotte Fitness Clinic | March 22

This event will take place in Charlotte, NC at the Back to Independence Rehab gym. Participants will have the opportunity to join the Shepherd Center, and Back to Independence Rehab for a day clinic. This course offers educational and hands on demonstrations focusing on fitness/exercise, yoga, and nutrition education. Please note, participants will be responsible for securing their own transportation for this event.

April 2025

Fishing Clinic | April 3

This event will take place at a privately owned pond in Rutledge, GA. Participants will have the opportunity to join the Shepherd Center to learn more about adaptive fishing. This course offers educational and hands-on demonstrations. Lunch will be provided. Please note, participants will be responsible for securing their own transportation for this event.

Spring Pickleball Clinic | April 7

This event will take place at ITA Atlanta in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair pickleball. This course offers educational and hands-on demonstrations.

Photography Clinic | April 10

This event will take place in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and local photographer to learn more about adaptive photography. This course offers educational and hands-on demonstrations.

Spring Horsemanship Clinic at Chastain Horse Park | April 16

This event will take place at Chastain Horse Park in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Chastain Horse Park for a horsemanship clinic that will focus on safety considerations, horsemanship information, and grooming and tacking. Please note, we cannot guarantee that participants will be able to ride a horse; however, all participants will be able to interact with horses throughout the clinic.

Spring Tennis Clinic | April 27

This event will take place at Blackburn Park in Brookhaven, GA. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair tennis. This course offers educational and hands-on demonstrations.



Birdwatching Clinic at the Atlanta Botanical Gardens | April 29

This event will take place at the Atlanta Botanical Gardens. Participants will have the opportunity to join the Shepherd Center and Birds GA in this guided birding adventure. This guided tour will increase your skill and knowledge in birding, community mobility, and camaraderie with other bird watchers. This program will also offer lunch at completion of guided tour.

May 2025

Fly Fishing Clinic | May 1

This event will take place at a private creek in Helen, GA. Participants will have an opportunity to get out of the city and onto the water for a day fishing trip. Fishermen will have access to a guided fly-fishing experience on a private creek. Please note, participants will be responsible for securing their own transportation for this event.

Spring Horticulture Clinic | May 8

This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Trellis Horticulture Therapy Alliance for a horticulture clinic that will focus on a basic horticulture/nature craft session. Program activity will be determined closer to the program date.

Adventure Skills Workshop | May 16-18

This event will take place at Camp ASCCA in Jackson's Gap, AL. Participants will have the opportunity to join the Shepherd Center for various outdoor, aquatic, and adventure-based activities. Please note, participants will be responsible for securing their own transportation for this event. Meals, lodging, equipment, and instruction are included.

Spring Golf Clinic | May 29

This golf clinic will be with Shepherd Center Recreation Therapists and Georgia State Golf Association. This course offers education and hands-on demonstrations. The event will be held at Bobby Jones Golf Course.

June 2025

Chattanooga Handcycling and Kayaking Clinic | June 1

Registration is currently full.

This event will take place in Chattanooga, TN. Participants will have the opportunity to join the Shepherd Center and City of Chattanooga Department of Parks and Outdoors for an outdoor clinic focusing on kayaking and handcycling. This course offers educational and hands-on demonstrations. Lunch will be included. Please note, participants will be



responsible for securing their own transportation for this event.

June Water Ski Clinic | June 14

This event will take place at Lake Allatoona in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and local disabled athletes to learn the basics of waterskiing. This course offers educational and hands-on demonstrations of adaptive water skiing. Please note there is a 200lb weight limit due to equipment capacity.

Knoxville Mountain Biking Clinic | June 21

Registration is currently full.

This event will take place in Knoxville, TN and will be sponsored by the Jack Trotter Foundation. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive mountain biking.

This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

July 2025

July Water Ski Clinic | July 19

This event will take place at Lake Allatoona in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and local disabled athletes to learn the basics of waterskiing. This course offers educational and hands-on demonstrations of adaptive water skiing. Please note there is a 200lb weight limit due to equipment capacity.



Atlanta Kayaking Clinic | July 24

This event will take place in Atlanta, GA, and will be sponsored by the Jack Trottier Foundation. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive kayaking. This course offers educational and hands-on demonstrations. Please note that participants will be responsible for securing their own transportation for this event.

Atlanta Cycling Clinic | July 28

This event will take place in Atlanta, GA, and will be sponsored by the Jack Trottier Foundation. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive cycling. This course offers educational and hands-on demonstrations. Please note that participants will be responsible for securing their own transportation for this event.

August 2025

Target Shooting Clinic | Aug. 7

This event will take place near Atlanta, GA. Participants will have the opportunity to join the Shepherd Center to learn more about adaptive target shooting. This course offers educational and hands-on demonstrations. Event location will be determined closer to the program date.

August Water Ski Clinic | Aug. 9

This event will take place at Lake Allatoona in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and local disabled athletes to learn the basics of waterskiing. This course offers educational and hands-on demonstrations of adaptive water skiing. Please note there is a 200lb weight limit due to equipment capacity.

Summer Clinic at the Adaptive Sports Center | Aug. 10-14

Registration is currently full.

This event will take place at the Adaptive Sports Center in Crested Butte, CO and will be sponsored by the Jack Trottier Foundation and Kelly Brush Foundation. Participants will have the opportunity to join the Shepherd Center and the Adaptive Sports Center for various outdoor and adventure-based activities. Meals, lodging, airfare, equipment, and instruction are included.

Jewelry Making Clinic | Aug. 13

This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center, the Atlanta Bead Society, and local jewelry makers to learn more about adaptive jewelry making focusing on beading. This course offers



educational and hands-on demonstrations.

Massachusetts Sailing Clinic | Aug. 16

This event will take place in Newbury, MA. Participants will have the opportunity to join the Shepherd Center, the Jack Trottier Foundation, and the Impossible Dream for an outdoor clinic focusing on adaptive sailing. This course offers educational and hands-on demonstrations. Please note that participants will be responsible for securing their own transportation for this event.

August Boxing Clinic | Aug. 20

This event will take place in Omni Fight Club in Roswell, GA. Participants will have the opportunity to join Shepherd Center and Omni Fight Club boxing instructors for an educational overview on boxing and a 50-minute fitness class. This course offers educational and hands-on demonstrations. Equipment will be provided.

September 2025

Golf Clinic | Sept. 4

This event will take place at Bobby Jones Golf Course in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center, Georgia State Golf Association, and local disabled golf athletes/instructors to learn more about adaptive golf. This course offers educational and hands-on demonstrations.

Fall Birdwatching Clinic at the Atlanta Botanical Gardens | Sept. 9

This event will take place at the Atlanta Botanical Gardens. Participants will have the opportunity to join the Shepherd Center and Birds GA in this guided birding adventure. This guided tour will increase your skill and knowledge in birding, community mobility, and camaraderie with other bird watchers. This program will also offer lunch at completion of guided tour.

Fall Horsemanship Clinic at Chastain Horse Park | Sept. 17

This event will take place at Chastain Horse Park in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Chastain Horse Park for a horsemanship clinic that will focus on safety considerations, horsemanship information, and grooming and tacking. Please note, we cannot guarantee that participants will be able to ride a horse; however, all participants will be able to interact with horses throughout the clinic.

Camp Twin Lakes Weekend Clinic | Sept. 19-21

This event will take place at Camp Twin Lakes in Rutledge, GA. Participants will have the opportunity to join the Shepherd Center and Camp Twin Lakes for various outdoor and



adventure-based activities. Please note, participants will be responsible for securing their own transportation for this event. Meals, lodging, equipment, and instruction are included.

September Hiking Clinic | Sept. 25

This event will take place at Red Top Mountain State Park in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and the GA DNR to learn more about adaptive hiking. This course offers educational and hands-on demonstrations. Event location will be determined closer to the program date.

Fall Pickleball Clinic | Sept. 26

This event will take place at ITA Atlanta in Atlanta, GA and will be sponsored by the ALTA Foundation. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair pickleball. This course offers educational and hands-on demonstrations.

Atlanta Cycling Clinic | Sept. 28

This event will take place in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive cycling. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.



October 2025

October Hiking Clinic | Oct. 3

This event will give the opportunity for participants to join the Shepherd Center to learn more about adaptive hiking. This course offers educational and hands-on demonstrations. Event location will be determined closer to the program date.

Fall Tennis Clinic | Oct. 5

This event will take place at Blackburn Park in Brookhaven, GA, and will be sponsored by the ALTA Foundation. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair tennis. This course offers educational and hands-on demonstrations.

Fall Horticulture Clinic | Oct. 9

This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Trellis Horticulture Therapy Alliance for a horticulture clinic that will focus on a basic horticulture/nature craft session. Program activity will be determined closer to the program date.

Fall Yoga Clinic | Oct. 22

This event will take place at Shepherd Center. Participants will have the opportunity to join the Shepherd Center and Certified Yoga Instructors to learn more about adaptive yoga. This course offers educational and hands-on demonstrations.

November 2024

Curling Clinic | Nov. 2

This event will take place in Marietta, GA. Participants will have the opportunity to join the Shepherd Center and Peachtree Curling Association for a clinic that will focus on wheelchair curling. This course offers educational and hands-on demonstrations and equipment will be provided.



Virtual Art Clinic | Nov. 13

This event will give the opportunity for participants to join the Shepherd Center and certified art therapists on a virtual platform via Zoom to participate in an art-based activity. This course offers educational and hands-on demonstrations. Program activity will be determined closer to the program date.

Bowling Clinic | Nov. 18

This event will give the opportunity for participants to join the Shepherd Center to learn more about adaptive bowling. This course offers educational and hands-on demonstrations. Event location will be determined closer to the program date.

December 2025

December Hunting Clinic | Dec. 4-5

This event will take place at Morrow Farms. Participants will have the opportunity to get out of the city and enjoy a guided deer/boar day hunt on 225 acres on the Flint River in Reynolds, GA. Hunters will also have access to all terrain vehicles and stocked ponds with onsite lodging available. Please note, participants will be responsible for securing their own transportation for this event.

Snow Ski Clinic at the STARS Ranch | Dec. 14-18

Registration is currently full.

This event will take place at the STARS Ranch in Steamboat Springs, CO, and will be sponsored by the Jack Trottier Foundation. Participants will have the opportunity to join the Shepherd Center and STARS for snow skiing in addition to various other activities. Please note, participants will be responsible for securing their own airfare for this event. Meals, lodging, equipment, and instruction are included.



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